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1. Policy Statement

The Central Québec School Board (the Board) recognizes the importance of continuing to build and sustain a healthy

6. Supporting Programs

Workplace Wellness will be promoted and supported throu

The Council of Commissioners is responsible for the adoption of the policy and ensuring its compliance.

8. Evaluation

The Workplace Wellness Policy will be evaluated, at least every 3 years, through the use of data and trends to determine if employee workplace wellness needs are being met.